

## Making Moves: Michelle and her Family Break the Cycle of Homelessness!

Michelle and her family experienced homelessness for the first time due to loss of employment. Thankfully, the Veterans Administration referred her to LifeMoves | Haven Family House in Menlo Park.

Enrolled in the LifeMoves interim housing program, Michelle worked closely with her case manager to create a life-changing plan that would help her and her husband increase their income. Michelle also enrolled her two-year-old son, Thomas, in the therapeutic child care program at LifeMoves. This was a tremendous social and emotional benefit for Thomas and it also gave Michelle more time to focus on her job search. Their hard work paid off. Michelle secured a full-time job as a medical assistance and her husband, Jeff, a Navy Veteran, successfully signed up for VA benefits. He also learned how to reduce his student loan debt by \$70,000.



Michelle, her son Thomas, and her husband Jeff are excited about the next chapter in their lives, and leaving homelessness behind for good.

Making great FinancialMoves, Michelle also built a savings account while remaining focused on finding affordable housing to begin a new chapter in their lives. Thanks to the intensive case management services they received and the personal accountability Michelle and Jeff took to make positive, life-changing moves to achieve their goals, they were able to move into a two-bedroom apartment in Hayward.

“ I feel much more confident now, and I’m so proud that we reached our goals! – Michelle ”

**The Power of your Monthly Gift**

Your recurring monthly donation can help our most vulnerable neighbors transform their lives

**Your Monthly Donation Will Help**

|              |   |
|--------------|---|
| <b>\$250</b> | Provide comprehensive case management services to one family during their stay in our program |
| <b>\$100</b> | Teach job preparation skills to approximately 30 clients per year                             |
| <b>\$50</b>  | Cover the cost of sponsoring a child for LifeMoves Summer Adventure Camp                      |
| <b>\$25</b>  | Cover transportation costs for one homeless veteran to and from medical appointments          |



Thanks to our donors, LifeMoves is the largest and most effective organization in San Mateo and Santa Clara counties providing interim housing and supportive services for homeless families and individuals to rapidly return to stable housing and achieve long-term self-sufficiency.

**Together, we can positively transform the lives of homeless families and individuals in our community.**

Visit [lifemoves.org/monthlygiving](http://lifemoves.org/monthlygiving) to join the Monthly Giving Circle and to learn more.

For questions, please contact:

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# The LifeMoves Model Transforms Lives

LifeMoves provides interim housing and supportive services for homeless families and individuals to rapidly return to stable housing and achieve long-term self-sufficiency.

Our therapeutic model teaches clients that hard work, commitment and personal accountability to make life-changing moves will result in success.



Helping **1,000** homeless families and individuals every night across 17 locations



Providing **8,920** people with food, clothing, case management and supportive services annually



Returning **97%** of families and **82%** of individuals back to stable housing and self-sufficiency at completion of the interim housing program



Providing **273,193** shelter nights annually

